

<u>NAME</u>	<u>SURNAME</u>	<u>AGE ON DEC 31</u>	<u>GENDER</u>	<u>RACE</u>	<u>TSA #</u>	<u>BITHDATE</u>	<u>CATEGORY</u>
Jessica	Abbott	16	Female	SPRINT TEAM		--	
Giuseppe	Adreani	49	Male	OLYMPIC		11/21/1968	Age-Group
Natalie	Agostinho	32	Female	OLYMPIC	CGT/9160/18	2/21/1985	Age-Group
Erik	Albäck	11	Male	KID 9-11		9/6/2006	Age-Group
Martin	Albäck	11	Male	KID 9-11		9/6/2006	Age-Group
Nicol	Albertyn	43	Female	OLYMPIC		4/28/1974	Age-Group
Lee	Alexander	38	Female	OLYMPIC		1/3/1979	Age-Group
Jayden	Alexander	13	Male	KID 12-15		3/15/2004	Novice
Sally	Allen	43	Female	OLYMPIC		2/8/1973	Age-Group
Richard	Allen	61	Male	SPRINT		7/13/1956	Age-Group
Laura	Allen	27	Female	OLYMPIC		7/3/1990	Age-Group
Ian	Amm	42	Male	11 SQUARED		1/17/1975	Age-Group
Adrian	Amm	11	Male	KID 9-11		1/15/2006	Age-Group
Danica	Amm	11	Female	KID 9-11		1/15/2006	Age-Group
Crystal	Anderson	28	Female	OLYMPIC		1/12/1989	Age-Group
Stan	Andrews	38	Male	11 SQUARED		3/17/1979	Paratri
Dax	Andrews	38	Male	11 SQUARED		11/18/1979	Age-Group
Brigitta	Annegarn	31	Female	OLYMPIC		9/23/1985	Age-Group
Antigone	Antoniades	28	Female	OLYMPIC		2/18/1989	Novice
Annie	Arbuckle	54	Female	OLYMPIC		8/20/1963	Novice
Richard	Argall	33	Male	OLYMPIC		9/26/1984	Age-Group
Alan	Argall	60	Male	OLYMPIC		3/2/1957	Age-Group
Reinhard	Arndt	44	Male	11 SQUARED	TTA/00266/1	3/15/1973	Age-Group
Albert	Baltes	35	Male	OLYMPIC		11/28/1982	Age-Group
Theunis	Barnard	32	Male	OLYMPIC		4/29/1985	Age-Group
Henk	Barnard	38	Male	OLYMPIC		12/10/1979	Age-Group
Mila	Barnard	6	Female	KID 6-8		3/18/2011	Age-Group
Lea	Barnard	8	Female	KID 6-8		5/23/2009	Age-Group
Karen	Bartmann	48	Female	OLYMPIC		1/27/1969	Age-Group
Lizelle	Bekker	42	Female	SPRINT		8/1/1975	Novice
Shaun	Bekker	38	Male	SPRINT		7/25/1979	Age-Group

Michelle	Benade	31 Female	OLYMPIC		7/22/1986 Age-Group
Siebert	Benade	31 Male	OLYMPIC	TTA/00432/1	1/5/1986 Age-Group
Bruce	Benadie	39 Male	SPRINT		3/6/1977 Age-Group
Desree	Bennie	28 Female	SPRINT		11/17/1989 Age-Group
Shaun	Bennie	32 Male	OLYMPIC		12/10/1985 Age-Group
Hilan	Berger	35 Male	OLYMPIC		9/14/1982 Novice
Gebhardt	Berndt	35 Male	OLYMPIC		2/22/1982 Novice
Chanelle Nandi	Birch	28 Mixed	SPRINT TEAM	--	
Chanelle Nandi	Birch	26 Female	OLYMPIC		10/26/1989 Age-Group
Chris	Blake	33 Male	11 SQUARED		6/11/1984 Age-Group
Dina	Bohnsack	54 Female	SPRINT		4/28/1963 Novice
Justine	Bolton	41 Female	SPRINT		2/9/1976 Age-Group
Wilco	Booyens	29 Male	SPRINT		1/19/1988 Novice
Adriaan	Booyesen	44 Male	OLYMPIC		2/1/1973 Age-Group
Corrie	Boshoff	30 Male	SPRINT		7/10/1987 Age-Group
Mauritz	Botes	28 Male	OLYMPIC		11/25/1989 Age-Group
Greyling	Botha	29 Male	OLYMPIC		1/29/1988 Age-Group
Jessica	Botha	9 Female	KID 9-11		3/4/2008 Novice
Colin	Botha	39 Male	SPRINT		5/29/1978 Age-Group
Laetitia	Botha	31 Female	OLYMPIC		4/18/1986 Age-Group
Liam	Botha	9 Male	KID 9-11		6/6/2008 Age-Group
Brett	Botha	46 Male	OLYMPIC		10/5/1971 Age-Group
Janco	Botha	6 Male	KID 6-8		6/23/2011 Age-Group
Johan	Botha	35 Male	OLYMPIC		6/2/1982 Age-Group
Ron	Botha	44 Male	SPRINT		11/18/1973 Age-Group
Alisa	Botha	36 Female	OLYMPIC		12/16/1981 Age-Group
Damian	Botoulas	46 Male	11 SQUARED	CGT/08381/1	7/5/1971 Age-Group
Kelsey	Botten	15 Female	KID 12-15		3/23/2002 Age-Group
Natalie	Bowman	32 Female	SPRINT		10/23/1985 Age-Group
Christopher	Boxall	25 Male	SPRINT		5/14/1992 Novice
Gabriel	Braga	38 Male	OLYMPIC		7/13/1979 Age-Group
Pedro	Brasil	36 Male	OLYMPIC		6/19/1981 Age-Group

Anthony	Braun	44 Male	OLYMPIC		9/16/1972 Age-Group
Amanda	Braun	44 Female	SPRINT TEAM	--	
Marissa	Brits	46 Female	OLYMPIC		3/21/1971 Age-Group
Matthew	Brittain	27 Male	OLYMPIC		10/5/1990 Age-Group
Johan	Bronkhorst	49 Male	OLYMPIC	CGT/9191/18	7/1/1968 Age-Group
Aminda	Bronkhorst	47 Female	OLYMPIC	CGT/9192/18	6/11/1970 Age-Group
Graham	Brooks	50 Male	OLYMPIC	cgt/08302/17	12/6/1967 Age-Group
Harry	Browne	53 Male	11 SQUARED	CGT/08534/1	9/22/1964 Age-Group
Jaryd	Browne	23 Male	11 SQUARED	CGT/0855/17	7/14/1994 Age-Group
Jan	Buitenhuis	48 Male	OLYMPIC		12/26/1969 Age-Group
Russell	Bunnell	46 Male	OLYMPIC		4/3/1971 Age-Group
Dylan	Burger	10 Male	KID 9-11		8/24/2007 Age-Group
Riley	Burger	8 Female	KID 6-8		6/5/2007 Age-Group
Elaine	Burger	38 Female	11 SQUARED		8/1/1979 Age-Group
Joanne	Burns	53 Female	SPRINT		5/23/1965 Novice
Grant	Burows	49 Male	OLYMPIC		11/22/1968 Age-Group
Botha	Callan	6 Male	KID 6-8		1/16/2011 Age-Group
Rosco	Campbell	8 Male	KID 9-11		12/2/2008 Novice
Jonathan	Campbell	43 Male	SPRINT		7/4/1973 Novice
Casey	Campbell	11 Female	KID 9-11		11/19/2006 Novice
Quentin	Campbell	36 Male	SPRINT		11/8/1981 Novice
Ella	Campbell	8 Female	KID 6-8		12/12/2008 Age-Group
Brenda	Campbell	43 Female	OLYMPIC		9/25/1974 Novice
Jacqui	Carnelley	45 Female	SPRINT		4/27/1972 Age-Group
Robert	Carson	61 Male	OLYMPIC		11/27/1956 Age-Group
Linda	Cawood	40 Female	OLYMPIC		6/20/1977 Novice
Jan	Celliers	50 Male	OLYMPIC		6/25/1967 Age-Group
Petrus Johannes	Celliers	33 Male	OLYMPIC		12/22/1984 Age-Group
Kishaylin	Chetty	31 Male	SPRINT		5/10/1985 Novice
Nicholas	Cibulka	13 Male	KID 12-15		1/7/2004 Age-Group
Louise	Cilliers	29 Female	OLYMPIC	[TTA/00226/1	12/17/1988 Age-Group
Dave	Cilliers	34 Male	11 SQUARED		8/13/1983 Age-Group

Johann	Claassen	58 Male	SPRINT		3/15/1959 Age-Group
Peter	Clark	39 Male	OLYMPIC		8/23/1978 Age-Group
Wesley	Clay	39 Male	SPRINT		8/5/1978 Novice
Matthew	Clay	6 Male	KID 6-8		7/18/2011 Novice
Tristan	CLay	6 Male	KID 6-8		7/18/2011 Novice
Rhys	Clayton	10 Male	KID 9-11		9/27/2007 Age-Group
Oliver	Clayton	7 Male	KID 6-8		8/6/2010 Age-Group
Natalie	Clayton	37 Female	SPRINT		12/18/1980 Novice
Francelle	Cloete	24 Female	SPRINT		2/4/1993 Age-Group
Verster	Cobus	60 Male	SPRINT	TTA/00319/1	5/25/1957 Age-Group
Jooste	Coetzee	43 Male	SPRINT		8/12/1974 Novice
Renier	Coetzee	38 Male	OLYMPIC		9/9/1979 Age-Group
Carys	Coetzee	12 Female	KID 12-15		8/6/2004 Age-Group
Jade	Coetzer	16 Female	SPRINT TEAM	--	
Neil	Collett	48 Male	OLYMPIC	NWT/00014/	3/5/1969 Age-Group
Taryn	Collister	39 Female	11 SQUARED	CGT/08380/1	12/22/1978 Age-Group
Cameron	Condie	54 Male	11 SQUARED		8/26/1963 Age-Group
Claudia	Condie	49 Female	11 SQUARED		12/4/1968 Age-Group
Stefano	Contardo	37 Male	OLYMPIC		9/11/1980 Novice
Ayla	Coop	26 Female	OLYMPIC	CGT/9151/18	7/8/1991 Age-Group
William	Cooper	55 Male	11 SQUARED		9/6/1962 Age-Group
Haydn	Corke	25 Male	11 SQUARED	CGT/08409/1	5/27/1992 Age-Group
Lee	Cothill	29 Male	OLYMPIC		12/8/1988 Age-Group
Justine	Cresswell	40 Female	OLYMPIC	CGT/08392/1	2/9/1977 Age-Group
Ricky	Cromer-Wilson	29 Male	OLYMPIC		9/3/1988 Age-Group
Herculaas Jacobus	Cronje	21 Male	OLYMPIC		3/29/1996 Age-Group
Christo	Cronje	33 Male	OLYMPIC		1/1/1930 Age-Group
Marie-Victoire	Cumming	30 Female	OLYMPIC		5/19/1987 Age-Group
James	Curtin	24 Male	OLYMPIC	CGT/08227/1	9/18/1992 Age-Group
Claire	Cuthbert	36 Female	SPRINT	CGT/08339/1	9/1/1981 Novice
Grace	Daly	11 Female	KID 9-11		1/3/2006 Age-Group
James	Daly	16 Male	SPRINT		9/18/2001 Elite

Marc	Daniel	34 Male	OLYMPIC		8/25/1983 Age-Group
Robyn	Daniel	34 Female	OLYMPIC		4/9/1983 Novice
Dorian	Davel	14 Male	KID 12-15		2/10/2003 Age-Group
Meg	Davey	47 Female	OLYMPIC		7/9/1970 Novice
Morne	Day	47 Male	OLYMPIC	TTA/00200/1	11/12/1970 Age-Group
Debbie	De Bruyn	37 Female	OLYMPIC	TTA/00212/1	4/25/1980 Age-Group
Angela	De Gouveia	33 Female	OLYMPIC		4/1/1984 Age-Group
Cathrine	de Klerk	15 Female	KID 12-15		6/2/2002 Age-Group
Robyn	De Kock	8 Female	KID 9-11		5/3/2008 Novice
Stefanus	de Lange	30 Male	OLYMPIC		7/31/1987 Novice
Carlos	De Oliveira	42 Male	OLYMPIC		12/13/1975 Age-Group
Charlene	de Souza	35 Female	OLYMPIC		10/1/1982 Novice
Jonathan	de Villiers	15 Male	KID 12-15		10/4/2002 Age-Group
Jessica	de Villiers	17 Female	SPRINT		3/1/2000 Novice
Hein	de Vries	36 Male	SPRINT		7/26/1981 Age-Group
Ilse	de Vries	36 Female	SPRINT		7/15/1981 Age-Group
Jaleen Adele	de Wet	49 Female	SPRINT		7/16/1968 Novice
Walter Albert	de Wet	41 Male	OLYMPIC		9/20/1976 Age-Group
Walter Alexander	de Wet	7 Male	KID 6-8		12/7/2010 Age-Group
Geert Nicholaas	de Wet	10 Male	KID 9-11		5/6/2007 Age-Group
Rob	de Zoeten	58 Male	OLYMPIC		11/27/1959 Age-Group
Eugene Martin	Delpont	8 Male	KID 6-8		1/14/2009 Age-Group
Eugene	Delpont	50 Male	11 SQUARED	NWT/0041/1	10/12/1967 Age-Group
Kim	den Hond	46 Female	OLYMPIC		1/4/1970 Age-Group
Heinrich	Dettmann	27 Male	SPRINT		7/19/1990 Age-Group
Desi	Dickinson	49 Female	OLYMPIC	CGT/9162/18	2/10/1968 Age-Group
Daniel	Dieguez	33 Male	OLYMPIC		10/1/1984 Age-Group
Jessica	Dignon	25 Female	OLYMPIC	CGT/08142/1	12/23/1992 Age-Group
Michelle	Dignon	57 Female	OLYMPIC		2/2/1960 Age-Group
Mark	Dimmick	29 Male	OLYMPIC		5/10/1988 Age-Group
Craig	Dingle	36 Male	OLYMPIC		3/3/1981 Age-Group
Mark	Dingle	33 Male	OLYMPIC		2/28/1984 Age-Group

Ranelda	Dippenaar	26 Female	SPRINT		3/29/1991 Novice
Tim	Dix	56 Male	OLYMPIC	CGT/08432/1	1/27/1961 Age-Group
Dina	do Couto	53 Female	SPRINT		10/7/1964 Age-Group
Carol	Doherty	41 Female	11 SQUARED		9/21/1976 Age-Group
Juliet	Donaldson	24 Female	OLYMPIC		3/25/1993 Age-Group
Martin	Dowie	46 Male	OLYMPIC		9/15/1971 Age-Group
Tyler	Dowie	13 Male	KID 12-15		9/6/2001 Age-Group
Kristen	du Plessis	15 Female	KID 12-15		7/24/2002 Age-Group
Pieter	du Plessis	53 Male	SPRINT		9/17/1964 Age-Group
Marike	du Plessis	35 Female	11 SQUARED		5/15/1982 Age-Group
Pieter	du Plessis	50 Male	OLYMPIC		4/23/1967 Age-Group
Morgan	du Plessis	13 Female	KID 12-15		4/23/2004 Age-Group
Nefdt	du Toit	20 Male	SPRINT		1/1/1997 Age-Group
Malani	Du Toit	36 Female	OLYMPIC		4/6/1981 Novice
Ruan	du Toit	30 Male	OLYMPIC		10/20/1987 Novice
Patrick	Duggan	43 Male	OLYMPIC		9/7/1974 Age-Group
Jessica	Durdey	13 Female	KID 12-15		1/1/1930 Age-Group
Gerhard	Duvenhage	40 Male	SPRINT		5/27/1977 Novice
Stephanie	Eades	28 Female	SPRINT		7/13/1989 Age-Group
Laura-Beth	Eicker-Harris	44 Female	OLYMPIC	CGT/6234/16	4/8/1973 Age-Group
Eva	Eicker-Harris	11 Female	KID 9-11		11/20/2006 Age-Group
Finn	Elliot	16 Male	SPRINT	KZN/00130/1	2/12/2001 ELITE
Kerry	Ellis-Williams	39 Female	11 SQUARED		6/28/1978 Age-Group
Victoria	Eloff	55 Female	SPRINT		3/23/1962 Novice
Dave	Eloff	54 Male	OLYMPIC	TTA/00393/1	2/23/1963 Age-Group
Brett	Else	31 Male	OLYMPIC		8/1/1986 Age-Group
Claudia	Else	29 Female	OLYMPIC		6/27/1988 Age-Group
Richard	Emslie	22 Male	OLYMPIC		10/3/1995 Age-Group
Francois	Emslie	54 Male	OLYMPIC		4/10/1963 Age-Group
Corne	Engelbrecht	43 Male	OLYMPIC		3/12/1974 Novice
Carlien	Engelbrecht	29 Female	SPRINT TEAM	--	
Carl	Engelbrecht	31 Male	OLYMPIC		1/2/1986 Age-Group

Gareth	Enslin	31 Male	SPRINT		8/17/1985 Novice
Anelene	Erasmus	51 Female	SPRINT		8/17/1966 Age-Group
Muhammed Zaakir	Essack	26 Male	OLYMPIC		5/4/1991 Age-Group
Christo	Esterhuyse	13 Male	KID 12-15		11/20/2004 Age-Group
Chris	Esterhuyse	45 Male	OLYMPIC		8/9/1972 Age-Group
Johan	Esterhuyse	26 Male	SPRINT		1/1/1991 Novice
Stephan	Esterhuysen	16 Mixed	OLYMPIC TEAM	--	
Eric	Evans	28 Male	OLYMPIC		2/25/1989 Age-Group
Taryn Maree	Everett	25 Female	OLYMPIC		3/7/1992 Age-Group
Stephen	Farrell	47 Male	OLYMPIC		5/4/1970 Age-Group
Genevieve	Ferreira	42 Female	SPRINT		7/10/1975 Age-Group
James	Ferreira	10 Male	KID 9-11		1/2/2007 Age-Group
Kiara	Ferreira	8 Female	KID 6-8		6/29/2009 Novice
Martin	Ferreira	43 Male	OLYMPIC	TTA/1213/16	2/9/1974 Age-Group
Fallon	Finlayson	31 Female	11 SQUARED		6/7/1986 Age-Group
Lauren	Fisher	29 Female	OLYMPIC		1/18/1988 Novice
Darrel	Fitz-Gerald	34 Male	SPRINT	CGT/08403/1	11/23/1983 Age-Group
James	Flint	35 Male	OLYMPIC		12/23/1982 Age-Group
Brad	Forrest	34 Male	OLYMPIC		9/27/1983 Age-Group
Bradley	Francis	41 Male	11 SQUARED		7/26/1976 Age-Group
Henry	Francis	66 Male	OLYMPIC TEAM	--	
Ria	Francis	58 Female	OLYMPIC		8/19/1959 Novice
Erick	Francis	27 Male	OLYMPIC		2/20/1990 Novice
Graeme	Franck	43 Male	SPRINT		3/15/1974 Novice
Emma	Franck	13 Female	KID 12-15		3/13/1974 Age-Group
Marc	Friedman	36 Male	11 SQUARED		2/11/1981 Age-Group
Debbie	Frittelli	55 Female	OLYMPIC		2/4/1962 Age-Group
Darryl	Frittelli	48 Male	OLYMPIC		3/16/1969 Age-Group
Cyril	Gardien	35 Male	OLYMPIC		1/11/1982 Age-Group
Neil	Gardyne	71 Mixed	SPRINT TEAM	--	
Lourens	Gerber	32 Male	OLYMPIC		4/25/1985 Age-Group
John	Geypen	46 Male	OLYMPIC		10/2/1971 Age-Group

Vincent	Ghisleni	60 Male	OLYMPIC		1/22/1957 Age-Group
Jason	Giddy	24 Male	SPRINT		9/5/1993 Age-Group
Nicole	Gien	27 Female	SPRINT		10/18/1990 Age-Group
Robbie	Gien	29 Male	11 SQUARED	CGT/08324/1	1/2/1988 Age-Group
Tyrone	Goddard	34 Male	OLYMPIC		11/7/1983 Novice
Anso	Goncalves	37 Female	SPRINT		9/17/1979 Novice
Benjamin	Gordon	32 Male	11 SQUARED		11/8/1985 Age-Group
John	Gordon Bennett	41 Male	OLYMPIC		12/7/1976 Age-Group
Barry	Gormley	32 Male	OLYMPIC	CGT/6220/16	1/12/1985 Age-Group
Ernst	Gouws	13 Male	KID 12-15		1/13/2004 Age-Group
Ernst	Gouws	46 Male	SPRINT TEAM		--
Louis	Grant	49 Male	SPRINT		12/28/1968 Age-Group
Avril	Grant	14 Female	KID 12-15		2/25/2003 Age-Group
Lara	Greeff	28 Female	SPRINT		9/23/1989 Age-Group
Tin	Greeff	36 Male	OLYMPIC		4/28/1981 Age-Group
Gareth	Greer	49 Male	OLYMPIC	TTA/00104/1	4/26/1968 Age-Group
Catherine	Greer	15 Female	SPRINT	TTA/00102/1	4/5/2002 Age-Group
Matthew	Greer	19 Male	OLYMPIC	TTA/00105/1	10/26/1998 Elite
Issabel	Greyling	37 Female	OLYMPIC		12/20/1980 Novice
Jacobus	Greyling	38 Male	SPRINT		4/5/1979 Age-Group
Megan	Greyvenstein	31 Female	SPRINT		10/27/1986 Novice
Teresa	Griessel	26 Female	SPRINT		3/13/1991 Age-Group
Leon	Grobler	38 Male	SPRINT		12/4/1979 Novice
Jan-Hendrik	Grobler	37 Male	SPRINT		6/8/1980 Novice
Telani	Grobler	37 Female	SPRINT		4/15/1980 Age-Group
Pieter	Groenewald	13 Male	KID 12-15		6/1/2004 Age-Group
Irna	Groenewald	17 Female	SPRINT		7/24/2000 Age-Group
Paul	Groenewald	46 Male	OLYMPIC		2/27/1971 Age-Group
Giorgio	Guerra	15 Male	SPRINT	CGT/08148/1	3/10/2002 Age-Group
Giacomo	Guerra	17 Male	11 SQUARED	CGT/08147/1	3/14/2000 Elite
Kaylin	Gultig	28 Female	OLYMPIC		5/8/1989 Age-Group
Bradley	Hall	31 Male	SPRINT		6/4/1986 Age-Group

Owen	Hamilton	40 Male	SPRINT		5/31/1977 Age-Group
Tommy	Hanekom	56 Male	11 SQUARED	CGT/08174/1	10/4/1961 Age-Group
Karl	Hansen	45 Male	OLYMPIC		9/5/1972 Age-Group
John	Harding	44 Male	OLYMPIC		1/17/1973 Age-Group
Michelle	Harman	30 Female	SPRINT		4/8/1987 Novice
Geraldine	Harris	47 Female	OLYMPIC		3/13/1970 Age-Group
Michael	Harris	25 Male	11 SQUARED	CGT/08426/1	10/28/1992 Age-Group
Alexandra Faye	Harris	24 Female	OLYMPIC		3/4/1992 Age-Group
Deborah	Harrold	54 Female	OLYMPIC		9/10/1963 Age-Group
Wickus	Havenga	14 Male	KID 12-15		5/13/2003 Age-Group
Jonathan	Hawkins	25 Male	11 SQUARED	CGT_R/1027/	6/23/1992 Age-Group
Agaath	Hazenberg	40 Female	OLYMPIC	CGT/08297/1	6/7/1977 Age-Group
Kevin	Heapy	32 Male	11 SQUARED		3/17/1985 Age-Group
Kim	Heger	37 Female	11 SQUARED	CGT/9188/18	2/23/1980 Age-Group
Kyra	Hempel	18 Female	SPRINT	TTA/00241/1	4/21/1999 Age-Group
Candice	Hepburn	32 Female	OLYMPIC	CGT/08109/1	7/17/1985 Age-Group
Jason	Herbst	13 Male	KID 12-15		5/4/2004 Age-Group
Gavin	Herold	37 Male	OLYMPIC		1/25/1980 Age-Group
Gavin	Heron	42 Male	OLYMPIC		12/23/1975 Age-Group
Kurt	Heunis	42 Male	11 SQUARED	CGT_R/1020/	12/26/1975 Age-Group
Katelin	Heymans	8 Female	KID 6-8		5/29/2009 Age-Group
Leani	Heymans	34 Female	SPRINT		12/2/1983 Age-Group
Stephan	Heymans	36 Male	SPRINT		6/11/1981 Age-Group
GF	Heyns	45 Male	OLYMPIC		4/6/1972 Age-Group
Morne	Heystek	43 Male	OLYMPIC		3/28/1974 Age-Group
Lisa	Hibbers	27 Female	SPRINT		12/3/1990 Novice
Thea	Hiemstra	33 Female	11 SQUARED		2/11/1984 Age-Group
Franconette	Hoell	30 Female	OLYMPIC		1/27/1987 Age-Group
Deidre	Hoffman	36 Female	SPRINT	CGT/08520/1	12/28/1981 Age-Group
Jacques	Hoffman	34 Male	OLYMPIC		10/26/1983 Novice
Lorraine	Holtzhausen	35 Female	11 SQUARED	TTA/0120/17	10/25/1982 Age-Group
Quintin	Homewood	36 Male	OLYMPIC		2/24/1981 Age-Group

Marli	Hoogenboezem	25 Female	OLYMPIC		9/11/1992 Novice
Abdullah	Hoosen	33 Male	OLYMPIC		7/10/1984 Age-Group
Nicholas	Horne	9 Male	KID 9-11		12/17/2008 Age-Group
Matthew	Horne	10 Male	KID 9-11		4/24/2007 Age-Group
Heather	Horrocks	48 Female	OLYMPIC	CGT_R/9801/	4/11/1969 Age-Group
Natalia	Houghton	13 Female	KID 12-15		6/19/2004 Age-Group
Raoul	Hunziker	51 Male	SPRINT		11/23/1966 Age-Group
kyle	Hunziker	15 Male	KID 12-15		6/25/2002 Age-Group
Daniella	Hunziker	11 Female	KID 9-11		3/20/2006 Age-Group
Jonathan	Hurvitz	34 Male	OLYMPIC		3/10/1983 Age-Group
Chris	Hutt	40 Male	OLYMPIC		7/7/1977 Age-Group
Sarah	Hutt	10 Female	KID 9-11		5/7/2006 Novice
Ilse	Ingram	37 Female	SPRINT		3/19/1980 Age-Group
Kieren	Jacobsen	32 Male	11 SQUARED		10/14/1985 Age-Group
Ruach	Jacobsohn	16 Male	KID 12-15		4/12/2001 Age-Group
Kristin	Jacobsz	21 Female	OLYMPIC		6/11/1996 Novice
Reino	Janse Van Rensburg	31 Male	OLYMPIC		6/9/1986 Elite
Hanli	Janse van Rensburg	37 Female	SPRINT		4/3/1980 Age-Group
Melinda	Janse van Rensburg	41 Female	SPRINT		12/29/1976 Age-Group
Mia	Janse van Rensburg	11 Female	KID 9-11		12/17/2006 Age-Group
Stephan	Janse van Rensburg	7 Male	KID 6-8		3/22/2010 Age-Group
Corne	Janse van Rensburg	43 Male	OLYMPIC		12/2/1974 Novice
Helga	Jeske	23 Female	SPRINT		11/3/1994 Novice
Ryan	Johnson	31 Male	OLYMPIC		11/8/1985 Age-Group
Travis	Johnston	32 Male	11 SQUARED		4/25/1985 Elite
Kim	Jones	34 Female	OLYMPIC		11/16/1983 Novice
Jean-Pierre	Jonker	8 Male	KID 6-8		6/12/2008 Novice
Hannes	Jonker	41 Male	11 SQUARED	NWT/00158/	5/20/1976 Age-Group
Henri	Jonker	6 Male	KID 6-8		6/19/2011 Age-Group
Reuben	Jonker	8 Male	KID 6-8		4/10/2009 Age-Group
Angelique	Jooste	28 Female	OLYMPIC		9/3/1989 Age-Group
Heinrich	Joosten	39 Male	OLYMPIC		8/5/1978 Age-Group

Andre	Jordaan	39 Male	OLYMPIC		12/19/1978 Age-Group
Zoe	Josias	13 Female	KID 12-15		1/15/2004 Age-Group
Handolph	Joubert	15 Male	KID 12-15		5/12/2002 Age-Group
Dillan	Joubert	14 Male	KID 12-15		8/22/2003 Age-Group
Ruben	Joubert	22 Male	SPRINT		3/17/1995 Age-Group
Michelene	Kahl	19 Female	SPRINT		2/11/1998 Age-Group
Mike	Kane-Smith	45 Male	11 SQUARED	CGT/9168/18	2/6/1972 Age-Group
Alice	Karato	16 Female	SPRINT TEAM	--	
Dasarya	Kistnan	13 Female	KID 12-15		6/24/2004 Novice
Jolanthe	Klingenberg	28 Female	SPRINT		12/16/1989 Age-Group
Nikki	Kloppers	34 Female	SPRINT		6/10/1983 Age-Group
Naomi	Knopjes	33 Female	OLYMPIC	TTA/0112/18	4/21/1984 Age-Group
Barend	Koekemoer	25 Male	SPRINT		10/23/1992 Age-Group
Karen	Koelewyn	30 Female	SPRINT		2/11/1987 Novice
Lizanne	Kolver	39 Female	SPRINT		2/1/1978 Novice
Matthew	Koning	31 Male	OLYMPIC		3/15/1986 Age-Group
Andries H	Kotze	26 Male	SPRINT		1/18/1991 Novice
Charalambos	Kourtoumbellides	37 Male	OLYMPIC		5/16/1980 Novice
Daniel	Kruger	36 Male	OLYMPIC		4/20/1981 Age-Group
Elbie	Kruger	38 Male	OLYMPIC		4/18/1978 Age-Group
Kristin	Labuschagne	10 Female	KID 9-11		11/12/2007 Age-Group
Athian	Labuschagne	52 Male	OLYMPIC		7/17/1965 Age-Group
Keenan	Labuschagne	14 Male	KID 12-15		4/29/2003 Age-Group
Alison	Lailvaux	47 Female	OLYMPIC	CGT/08238/1	3/5/1970 Age-Group
Luke	Lanterme	39 Male	OLYMPIC		10/16/1978 Age-Group
Monique	Lanz	46 Female	OLYMPIC	CGT_R/1033/	5/22/1971 Age-Group
Shaili	Latimer	11 Female	KID 9-11		4/9/2006 Age-Group
Andrew	Latimer	43 Male	SPRINT		6/3/1974 Age-Group
Stephane	Latini	34 Male	OLYMPIC		9/16/1983 Age-Group
Reytjie	Laubscher	33 Male	OLYMPIC		8/27/1984 Novice
Greg	Laxton	25 Male	11 SQUARED		8/5/1992 Age-Group
Eben	Le Roux	46 Female	OLYMPIC	CGT/9157/18	7/31/1971 Age-Group

Wimpie	le Roux	40 Male	OLYMPIC		5/6/1977 Age-Group
Anton	Le Roux	27 Male	SPRINT		12/13/1990 Age-Group
Henry	Leicester	30 Male	11 SQUARED	CGT/08273/1	10/28/1987 Age-Group
Johandri	Leicester	30 Female	11 SQUARED	CGT/08272/1	10/20/1987 Age-Group
Alexandre	Lelievre	34 Male	OLYMPIC		2/20/1983 Age-Group
Jayd	Lellyett	27 Female	SPRINT		3/23/1990 Age-Group
Jesse	Leresche	25 Male	SPRINT		1/17/1992 Age-Group
Elizabeth	Lester	37 Female	SPRINT		6/22/1980 Age-Group
Andrew	Lester	42 Male	OLYMPIC		11/6/1975 Age-Group
Daniel	Liebenberg	14 Male	KID 12-15		2/10/2003 Age-Group
Schalk	Liebenberg	48 Male	SPRINT	CGT/08328/1	8/18/1969 Age-Group
Rory	Loader	32 Male	SPRINT		12/26/1984 Novice
Benita	Loedolff	19 Female	SPRINT		5/16/1998 Age-Group
Willem-Abraham	Lombard	29 Male	SPRINT		11/29/1988 Novice
Marelie	Lombard	25 Female	SPRINT		5/18/1992 Novice
Shelley	Lotz	40 Female	SPRINT		9/27/1977 Age-Group
Louis	Loubser	38 Male	OLYMPIC		11/14/1979 Age-Group
Marieke	Loubser	40 Female	OLYMPIC		3/1/1977 Age-Group
An-Sophie	Lourens	21 Female	SPRINT		12/3/1996 Novice
Rianna	Louw	35 Female	OLYMPIC		6/24/1982 Age-Group
Craig	Lovell	28 Male	SPRINT		5/18/1989 Novice
Werner	Lubbe	52 Male	11 SQUARED		11/2/1965 Age-Group
Garth	Lucas	54 Male	OLYMPIC		5/29/1963 Age-Group
Paul	Lydes-Uings	37 Male	SPRINT		9/8/1979 Novice
Andre	Maartens	52 Male	OLYMPIC		2/25/1965 Age-Group
Cameron	MacNair	19 Male	11 SQUARED	CGT/08212/1	3/22/1998 Age-Group
Grant	MacNair	50 Male	OLYMPIC	CGT_R/1016/	6/4/1967 Age-Group
Gavin	Mahoney	38 Male	SPRINT		6/13/1979 Age-Group
Phuti	Manamela	14 Female	KID 12-15		4/12/2003 Age-Group
Jacques	Maritz	25 Male	OLYMPIC		1/9/1992 Novice
Pierre	Maritz	27 Male	OLYMPIC		10/15/1990 Age-Group
Kris	Matulovich	26 Male	OLYMPIC		4/9/1991 Age-Group

Dustin	McDermott	33 Male	OLYMPIC		11/22/1984 Age-Group
Ereen	Mclaggan	36 Female	SPRINT		12/22/1981 Novice
Justin	Mclean	29 Male	11 SQUARED		1/27/1988 Age-Group
Kenny	Mclean	56 Male	11 SQUARED		4/5/1961 Age-Group
Genee	Mee	47 Female	11 SQUARED	CGT/08209/1	10/4/1961 Age-Group
Rene	Meintjes	27 Female	OLYMPIC		10/12/1990 Age-Group
Daniel	Meintjes	27 Male	OLYMPIC		2/9/1990 Age-Group
Dean	Mellows	35 Male	OLYMPIC		8/29/1982 Age-Group
Suzette	Mervitz	30 Female	SPRINT		3/20/1987 Novice
Michael	Mervitz	31 Male	SPRINT		9/3/1986 Novice
Tarren	Meyer	44 Female	11 SQUARED		6/25/1973 Age-Group
Riaan	Meyer	43 Male	OLYMPIC		3/21/1974 Age-Group
Elise	Meyering	30 Female	OLYMPIC		4/23/1987 Age-Group
Louise	Michelson	48 Female	OLYMPIC		9/20/1969 Age-Group
Ander	Miles	8 Male	KID 6-8		5/10/2009 Age-Group
Ana Maria	Miles	6 Female	KID 6-8		6/14/2011 Age-Group
Stuart	Miles	46 Male	11 SQUARED	CGT_R/9804/	1/27/1971 Age-Group
Katherine	Miller	48 Female	SPRINT		2/5/1969 Novice
Craig	Miller	46 Male	SPRINT		5/29/1971 Age-Group
Laura	Millroy	31 Female	SPRINT		11/19/1986 Age-Group
Natalie	Mills	35 Female	SPRINT		8/9/1982 Age-Group
Daryl	Milne	42 Male	SPRINT		1/24/1975 Novice
Tyla	Misselbrook	9 Female	KID 6-8		10/16/2008 Age-Group
Susan	Moerdyk	40 Female	OLYMPIC		6/4/1977 Age-Group
Dominic Xavier	Moerdyk	48 Male	SPRINT		8/18/1969 Age-Group
Emma Helene	Moerdyk	10 Female	KID 9-11		3/9/2007 Novice
Nina Mary	Moerdyk	9 Female	KID 6-8		12/3/2008 Novice
Nicolas	Molina Brizuela	30 Male	11 SQUARED		2/18/1987 Elite
Samantha	Monik	29 Female	OLYMPIC		12/8/1988 Age-Group
Warren	Montano	48 Male	OLYMPIC	cgt/08572/17	3/24/1969 Age-Group
Casper	Moodie	29 Male	11 SQUARED	CGT/08226/1	1/15/1988 Elite
Carlos	Morais	31 Male	11 SQUARED		7/1/1986 Age-Group

Peter	Moravec	49 Male	OLYMPIC		10/10/1968 Age-Group
Nicholas	Moravec	11 Male	KID 9-11		1/27/2006 Age-Group
Althea	Morgan	40 Female	OLYMPIC		2/10/1977 Age-Group
Kayden	Morgan	9 Male	KID 9-11		2/21/2008 Age-Group
Kheiron	Morgan	6 Male	KID 6-8		12/20/2011 Age-Group
Juliet	Morgan	40 Female	OLYMPIC		6/27/1977 Age-Group
Matthew	Morgan	39 Male	OLYMPIC		5/28/1978 Age-Group
Deborah	Morgan	34 Female	SPRINT		2/8/1983 Age-Group
Simon	Morgan	36 Male	OLYMPIC		2/16/1981 Age-Group
Derick	Mostert	44 Male	OLYMPIC		7/19/1973 Age-Group
Tannith	Mottershaw	25 Female	OLYMPIC		5/12/1992 Novice
Jessica	Muirhead	8 Female	KID 6-8		9/28/2009 Novice
Carol	Muirhead	38 Female	SPRINT		8/22/1979 Novice
Lucy	Munro	24 Female	11 SQUARED		5/12/1993 Age-Group
LauMare	Naude	25 Female	11 SQUARED		3/20/1992 Age-Group
Charles	Naude	58 Male	11 SQUARED	CGT/08177/1	1/29/1959 Age-Group
Ruan	Naude	30 Male	11 SQUARED	CGT/08178/1	9/27/1987 Age-Group
Rudolf	Naude	26 Male	11 SQUARED	CGT/08177/1	2/14/1991 Elite
Byron	Naude	39 Male	OLYMPIC		1/19/1978 Age-Group
Elri	Neervoort	43 Female	OLYMPIC		5/13/1974 Age-Group
Lizette	Neethling	54 Mixed	OLYMPIC TEAM	--	
Marius	Neethling	55 Male	OLYMPIC TEAM	--	
Lizette	Neethling	54 Female	SPRINT		5/15/1963 Novice
Werner	Nel	42 Male	OLYMPIC		2/16/1975 Age-Group
Sean	Nel	27 Male	11 SQUARED	CGT/08480/1	2/21/1990 Age-Group
Chantel	Nel	30 Female	OLYMPIC		2/22/1987 Age-Group
Ruan	Nel	32 Male	OLYMPIC		10/13/1984 Age-Group
Matthew	Nel	10 Male	KID 9-11		10/16/2007 Age-Group
Bryan	Nelson	41 Male	OLYMPIC		12/2/1976 Age-Group
Vittoria	Nelson	6 Female	KID 6-8		7/11/2011 Novice
Xavier	Nelson	6 Male	KID 6-8		7/11/2011 Novice
Denise	Nelson	28 Female	SPRINT		8/25/1989 Novice

Claudia	Nelson-Chojnacka	40 Female	SPRINT		7/14/1977 Novice
Mzwandile	Ngcobo	26 Male	OLYMPIC		3/21/1990 Age-Group
Hein	Nienaber	52 Male	OLYMPIC		5/27/1965 Age-Group
Charl-Stephan	Nienaber	25 Mixed	OLYMPIC TEAM	TTA/00263/1 --	
Yujin	Nomura	52 Male	OLYMPIC		11/5/1965 Age-Group
Hesta	Nothling	42 Female	SPRINT		4/10/1975 Age-Group
Guy	Nottingham	61 Male	OLYMPIC	CGT/08370/1	7/16/1956 Age-Group
Sean	Nunes	7 Male	KID 6-8		3/2/2010 Age-Group
Luis	Nunes	47 Male	11 SQUARED		3/24/1970 Age-Group
Tracy	Nyamuda	42 Female	OLYMPIC		1/9/1975 Age-Group
Samuel	Nyamuda	11 Male	KID 9-11		8/21/2006 Age-Group
Jaedyn	Nyamuda	9 Male	KID 9-11		3/27/2008 Age-Group
Daniel	Nyamuda	8 Male	KID 6-8		11/2/2009 Age-Group
Zoy	Oberholzer	6 Female	KID 6-8		12/7/2010 Novice
PZ	Oberholzer	37 Male	OLYMPIC	nwt/0037/16	8/23/1979 Age-Group
Delecia	Oberholzer	34 Female	SPRINT		3/4/1982 Novice
Chine	OBrien	25 Female	SPRINT		8/4/1992 Novice
Cornelis	Olckers	39 Male	OLYMPIC		3/19/1978 Age-Group
Debbie	OLeary	40 Female	11 SQUARED	CGT/08211/1	9/8/1977 Age-Group
Irshad	Omar Ismail	32 Male	OLYMPIC		7/20/1985 Novice
Lynda	OMeara	51 Female	OLYMPIC		7/31/1966 Age-Group
Glen	Orritt	30 Male	OLYMPIC		3/7/1987 Age-Group
Jeanette	Ortlieb	43 Female	OLYMPIC		4/16/1974 Age-Group
Katherine	Ortlieb	41 Female	OLYMPIC		11/2/1974 Age-Group
Karen	Otto	47 Female	SPRINT		6/10/1970 Age-Group
Taneal	Otto	21 Female	11 SQUARED	CGT/08466/1	5/3/1996 Age-Group
Christa	Palm	34 Female	11 SQUARED		5/19/1983 Novice
Amy	Panaretou	25 Female	SPRINT		7/25/1992 Novice
Gregory	Papadopulos	34 Male	11 SQUARED		11/1/1983 Age-Group
Sebastian	Papaikonomou	13 Male	KID 12-15		1/19/2004 Age-Group
Christina	Papaikonomou	15 Female	KID 12-15		11/2/2002 Age-Group
Jacques	Pelser	29 Male	OLYMPIC	NWT/00161/	8/11/1988 Age-Group

Niels	Penzhorn	45 Male	SPRINT		7/7/1972 Age-Group
Lars	Penzhorn	13 Male	KID 12-15		4/7/2004 Age-Group
Kai	Penzhorn	11 Male	KID 9-11		10/3/2006 Age-Group
Henrik	Penzhorn	8 Male	KID 6-8		3/26/2009 Age-Group
Angelique	Pereira	40 Female	OLYMPIC		2/24/1977 Age-Group
Luca	Pereira	12 Male	KID 12-15		4/19/2005 Age-Group
Jordi	Pereira	10 Male	KID 9-11		8/3/2007 Age-Group
Karl	Pfeffer	58 Mixed	SPRINT TEAM	--	
Michael	Pfeffer	24 Male	OLYMPIC		4/28/1993 Age-Group
Stefan	Pfeffer	29 Male	SPRINT		6/22/1988 Age-Group
Rudi	Pienaar	32 Male	OLYMPIC		3/22/1985 Age-Group
Charmaine	Pienaar	28 Female	SPRINT		2/3/1989 Age-Group
Andries	Pieterse	28 Male	11 SQUARED	NWT/0049/1	6/20/1989 Age-Group
Nick	Porteous	36 Male	OLYMPIC		10/23/1981 Age-Group
Stephan	Potgieter	45 Male	SPRINT		11/27/1972 Novice
Karen	Potgieter	40 Female	SPRINT		8/23/1977 Novice
Izelle	Pretorius	40 Female	11 SQUARED		10/28/1977 Age-Group
Johan	Pretorius	35 Male	11 SQUARED		9/23/1982 Age-Group
Christo	Pretorius	28 Male	SPRINT		10/24/1989 Age-Group
Etienne	Pretorius	40 Male	SPRINT		10/20/1977 Novice
Jansen	Pretorius	27 Male	OLYMPIC		8/31/1990 Age-Group
Philippa-dee	Pretorius	29 Female	SPRINT		12/5/1988 Novice
Tim	Price	32 Mixed	SPRINT TEAM	CGT/5501/15 --	
Tim	Price	32 Male	OLYMPIC	CGT/3450/13	11/7/1985 Age-Group
Adri	Prinsloo	53 Female	OLYMPIC		3/8/1964 Age-Group
Alwyn	Prinsloo	53 Male	OLYMPIC		4/4/1964 Age-Group
Candice	Promnick	46 Female	OLYMPIC		8/12/1971 Age-Group
Steven	Proudfoot	52 Male	OLYMPIC		8/28/1965 Age-Group
Sarie	Ras Busek	44 Female	OLYMPIC		2/1/1973 Age-Group
Andre	Raubenheimer	51 Male	SPRINT		4/16/1966 Age-Group
Collen	Rautenbach	47 Male	11 SQUARED	TSA/000027/	10/15/1970 Age-Group
Gill	Read	54 Female	OLYMPIC	CGT/6108/16	1/29/1963 Age-Group

Mathys	Redelinguys	29 Male	OLYMPIC		1/6/1988 Age-Group
Desmond	Reilly	42 Male	OLYMPIC	cgt/6047/16	6/20/1974 Age-Group
Eralda	Reilly	44 Female	OLYMPIC		8/1/1973 Age-Group
Sam	Rembach	37 Male	OLYMPIC		5/5/1980 Novice
Jeane	Retief	28 Female	SPRINT		6/21/1989 Age-Group
Daniel	Rheeder	9 Male	KID 6-8		12/9/2008 Age-Group
Alan	Rheeder	41 Male	SPRINT		6/8/1976 Age-Group
Douglas	Richards	42 Male	OLYMPIC		12/18/1975 Age-Group
Paul	Richards	43 Male	OLYMPIC		10/23/1974 Age-Group
Dale	Riches	34 Male	SPRINT		11/14/1983 Age-Group
Des	Riddle	45 Male	OLYMPIC		9/2/1972 Age-Group
Ruan	Riekert	13 Male	KID 12-15		9/3/2004 Age-Group
Wian	Riekert	10 Male	KID 9-11		5/15/2007 Age-Group
Dana	Rissley	30 Female	SPRINT		4/25/1987 Novice
Gareth	Robertson	29 Male	OLYMPIC		2/27/1988 Age-Group
Danie	Roodt	59 Male	OLYMPIC		8/21/1958 Age-Group
Niel	Roodt	31 Male	OLYMPIC	CGT/9165/18	4/11/1986 Age-Group
Christine	Roos	26 Female	11 SQUARED		7/11/1991 Novice
Dean	Rosenthal	36 Male	11 SQUARED		10/4/1981 Age-Group
Brad	Rosenthal	29 Male	11 SQUARED		12/15/1988 Age-Group
Wayne	Ross	46 Male	SPRINT		5/17/1971 Age-Group
Danie	Rossouw	37 Male	OLYMPIC		2/8/1980 Age-Group
Bernard	Rossouw	8 Male	KID 6-8		8/31/2009 Age-Group
Adriaan	Roux	40 Male	OLYMPIC		9/18/1977 Age-Group
Ryan	Ruthven	38 Male	OLYMPIC		6/21/1979 Age-Group
Regan	Ryan	38 Male	OLYMPIC		11/21/1978 Age-Group
Casey	Sacco	37 Female	SPRINT		4/25/1980 Novice
Claire	Sacks	31 Female	SPRINT		10/1/1986 Novice
Marc	Salkow	43 Male	OLYMPIC		7/28/1974 Age-Group
Daniel	Salkow	13 Male	KID 12-15		4/16/2004 Age-Group
Augusta	Saunders	52 Female	OLYMPIC		12/14/1965 Age-Group
Colin	Saunders	29 Male	OLYMPIC		1/31/1988 Novice

Erica	Schemel	34 Female	OLYMPIC		8/22/1982 Age-Group
Max	Schiller	34 Male	OLYMPIC		12/8/1983 Age-Group
JP	Schlebusch	35 Male	OLYMPIC		5/13/1982 Novice
Nicolene	Schlimmer	28 Female	OLYMPIC		7/4/1989 Age-Group
Daniel	Schmulian	40 Male	11 SQUARED		11/23/1977 Age-Group
Ben	Schoonwinkel	32 Male	OLYMPIC	FST/0128/17	6/6/1985 Age-Group
Ellie	Schoonwinkel	37 Female	SPRINT	FST/0127/17	2/11/1980 Age-Group
Deon	Schulenburg	45 Male	11 SQUARED	NWT/00127/	5/8/1972 Age-Group
Philip	Schutte	40 Male	SPRINT TEAM		--
Anchen	Schutte	10 Female	KID 9-11		6/19/2007 Age-Group
Ryno	Schutte	12 Male	KID 12-15		1/25/2005 Age-Group
Dana	Schutte	44 Male	11 SQUARED		6/19/1973 Age-Group
Lynton	Scorgie	42 Male	OLYMPIC	CGT/08270/1	9/22/1975 Age-Group
Nicola	Scorgie	45 Female	SPRINT		12/31/1971 Age-Group
Madison	Scorgie	11 Female	KID 9-11		10/16/2006 Age-Group
Lawrence	Scott	43 Male	11 SQUARED		11/19/1974 Age-Group
Tarryn	Seagram	36 Female	SPRINT		9/21/1981 Age-Group
Jackie	Seddon	56 Female	OLYMPIC	CGA/8241/17	12/23/1961 Age-Group
Charl	Senekal	24 Male	SPRINT		11/16/1993 Age-Group
Christopher	Senneck	12 Male	KID 12-15		9/20/2005 Novice
Jenny	Senneke	46 Female	OLYMPIC		2/26/1971 Novice
Frances	Sewell	25 Female	SPRINT		11/20/1992 Novice
Gemma	Shales	38 Female	OLYMPIC		12/6/1979 Age-Group
Thuli	Shibanda	13 Female	KID 12-15		1/6/2004 Age-Group
Henry	Sim	38 Male	OLYMPIC	TTA/0107/17	6/16/1979 Age-Group
James	Simpson	41 Male	OLYMPIC	CGT/6007/16	12/9/1976 Age-Group
Sarah	Simpson	97 Female	KID 9-11		7/24/2008 Age-Group
James	Simpson	7 Male	KID 6-8		1/10/2010 Age-Group
Amrish	Singh	33 Male	SPRINT		6/22/1984 Novice
Brechtje	Slootweg	6 Female	KID 6-8		1/27/2011 Novice
Deven	Smit	46 Male	OLYMPIC		9/11/1971 Age-Group
Anneke	Smit	42 Female	OLYMPIC		5/12/1975 Age-Group

Russel	Smit	50 Male	11 SQUARED	CGT_R/9807/	2/18/1967 Age-Group
Timothy	Smit	32 Male	OLYMPIC	CGT/08561/1	3/15/1985 Age-Group
Roxanne	Smith	33 Female	OLYMPIC		1/17/1984 Age-Group
Jamie	Smith	6 Male	KID 6-8		2/13/2011 Age-Group
Ella	Smith	8 Female	KID 6-8		10/11/2008 Age-Group
Talana	Smith	50 Female	SPRINT		11/19/1967 Age-Group
Gideo Retief	Smith	11 Male	KID 9-11		3/11/2006 Age-Group
Gregory	Smith	23 Male	SPRINT		5/12/1994 Novice
Basil	Smith	39 Male	OLYMPIC		1/1/1930 Age-Group
Emma	Smith	24 Female	SPRINT		8/31/1993 Age-Group
Licarmi	Smith	30 Female	OLYMPIC		10/7/1987 Novice
Jason	Smith	42 Male	OLYMPIC		2/8/1974 Age-Group
Paul	Smuts	42 Male	11 SQUARED	CGT/08487/1	3/7/1975 Age-Group
Gideon	Smuts	38 Male	SPRINT		8/10/1979 Age-Group
Carli	Snyders	8 Female	KID 6-8		2/12/2009 Age-Group
Stefan	Snyders	44 Male	SPRINT		6/29/1973 Age-Group
Xander	Snyders	8 Male	KID 6-8		7/2/2009 Age-Group
Stefan	Spruyt	44 Male	OLYMPIC		6/24/1973 Age-Group
Nica	Stadtlander	30 Female	11 SQUARED		12/7/1987 Age-Group
Johan	Stander	30 Male	OLYMPIC		12/14/1987 Age-Group
Kirsty	Standing	25 Female	OLYMPIC		7/15/1992 Age-Group
Luka	Stanisavljevic	Male	KID 12-15		6/5/2002 Age-Group
Ami	Stanisavljevic	46 Mixed	SPRINT TEAM	--	Age-Group
Ami	Stanisavljevic	Female	OLYMPIC		12/7/1971 Age-Group
Craig	Stanton	35 Male	OLYMPIC		12/10/1981 Novice
Willie	Steenkamp	32 Male	SPRINT		7/10/1985 Age-Group
Christine	Steyn	24 Female	OLYMPIC		3/24/1993 Novice
Griseldis	Steyn	51 Female	11 SQUARED		2/23/1966 Age-Group
Anton	Stott	33 Male	SPRINT		8/23/1983 Novice
Gareth	Stott	32 Male	SPRINT		11/4/1985 Novice
Christiaan	Stroebel	16 Male	SPRINT	CGT/08261/1	6/6/2001 Elite
Bradley Shaun	Strumpher	20 Male	SPRINT		8/9/1997 Novice

Britney	Strumpher	17 Female	11 SQUARED	TTA/00348/1	5/8/2000 Age-Group
Lizé	Strydom	22 Female	OLYMPIC		10/27/1995 Novice
Andre	Strydom	54 Male	OLYMPIC		10/7/1963 Novice
Frances	Strydom	53 Female	OLYMPIC		11/18/1964 Age-Group
Michael	Summers	57 Male	OLYMPIC TEAM	--	
Evan	Summerson	49 Male	SPRINT		5/20/1968 Novice
Peter	Swanepoel	35 Male	OLYMPIC		4/1/1982 Age-Group
Charn	Swart	44 Male	11 SQUARED		12/24/1973 Age-Group
Keanu	Tandt	15 Male	SPRINT TEAM	--	
Lambert	Taute	32 Male	OLYMPIC		6/23/1985 Age-Group
Lizzy	Taute	35 Female	11 SQUARED		2/23/1982 Age-Group
Mariet	Terblanche	41 Female	SPRINT		12/15/1976 Novice
Fanie	Terblanche	43 Male	SPRINT		6/29/1974 Novice
Gerrit	Terol	32 Male	OLYMPIC		6/13/1985 Novice
Xenia	Theorides	13 Female	KID 12-15		12/7/2004 Age-Group
Chloe	Theorides	11 Female	KID 9-11		5/25/2006 Age-Group
Chris	Theorides	9 Male	KID 9-11		5/6/2008 Age-Group
Jason	Theron	34 Male	OLYMPIC		11/13/1983 Age-Group
Warren	Thomas	35 Male	OLYMPIC	CGT/9166/18	4/11/1982 Age-Group
Stephanie	Thompson	37 Female	SPRINT		4/15/1980 Age-Group
Bailey	Thomson	29 Female	11 SQUARED		9/29/1988 Age-Group
Bryan	Townsend	30 Male	OLYMPIC		7/9/1987 Age-Group
Kirsten	Townsend	26 Female	OLYMPIC		2/12/1991 Novice
Mark	Trollope	30 Male	OLYMPIC		5/12/1987 Age-Group
Ella	Tunbridge	13 Female	KID 12-15		2/26/2004 Age-Group
Kara	Tunbridge	11 Female	KID 9-11		8/3/2006 Age-Group
Craig	Tunbridge	51 Male	OLYMPIC		7/23/1966 Age-Group
Elzet	Upman	31 Female	SPRINT		2/18/1986 Novice
David	Upman	33 Male	SPRINT		9/4/1984 Novice
Maya	Valverde	8 Female	KID 6-8		6/16/2009 Novice
Joaquin	Valverde	41 Male	11 SQUARED	CGT/08523/1	11/25/1976 Age-Group
Warwick	van Breda	37 Male	OLYMPIC	CGT/08204/1	4/23/1980 Age-Group

Andre	van den Berg	57 Male	OLYMPIC	TSA/00398/1	4/8/1960 Age-Group
Deon	Van den Berg	48 Male	OLYMPIC		3/2/1969 Age-Group
Grant	Van Der Merwe	8 Male	KID 6-8		1/6/2009 Age-Group
Genna	Van Der Merwe	8 Female	KID 6-8		1/6/2009 Age-Group
Zack	Van Der Merwe	38 Male	11 SQUARED	NWT/00108/	1/24/1979 Age-Group
Nicky	van der Meulen	35 Female	SPRINT		8/10/1982 Age-Group
Shawn	van der Meulen	36 Male	OLYMPIC		7/24/1981 Age-Group
Jan louis	Van der nest	48 Male	OLYMPIC		5/5/1969 Age-Group
Clive	van der Vyver	44 Male	OLYMPIC		11/10/1973 Age-Group
Pieter	van der walt	44 Male	OLYMPIC		8/2/1973 Age-Group
Christelle	van der walt	35 Female	OLYMPIC		4/1/1982 Age-Group
Wiaan	van der Westhuizen	24 Male	OLYMPIC		6/29/1993 Novice
Pieter	van der Westhuizen	46 Male	OLYMPIC		10/20/1971 Age-Group
Berno	van der Westhuizen	16 Male	SPRINT		8/4/2001 Age-Group
Elro	van der Westhuizen	17 Male	SPRINT		6/23/2000 Age-Group
Donae	van Deventer	13 Female	KID 12-15		6/28/2004 Novice
Ethan	van Deventer	12 Male	KID 9-11		12/13/2005 Novice
Rowan	Van Dyk	28 Male	SPRINT		11/27/1989 Novice
Christy	Van Eck	35 Male	SPRINT		6/9/1982 Novice
Danie	van Graan	31 Male	SPRINT		11/10/1986 Novice
Marteleze	van Graan	30 Female	SPRINT		4/10/1987 Novice
Freddie	van Heerden	7 Male	KID 6-8		4/21/2010 Novice
Rizanne	van Heerden	25 Female	OLYMPIC		9/16/1992 Age-Group
Freddie	van Heerden	29 Male	OLYMPIC		3/3/1988 Age-Group
David	van Heerden	34 Male	OLYMPIC		12/20/1983 Age-Group
JC	Van Heerden	31 Male	OLYMPIC		1/2/1986 Age-Group
Margery	van Niekerk	31 Female	SPRINT		1/3/1986 Novice
Laurendt	van Niekerk	25 Male	SPRINT		12/26/1992 Novice
Melissa	Van Niekerk	35 Female	SPRINT		2/15/1982 Age-Group
Liam	van Schalkwyk	17 Male	SPRINT		1/12/2000 Age-Group
Pierre	van Tonder	44 Male	11 SQUARED	CGT/08172/1	10/13/1973 Age-Group
Marco	Van Tonder	36 Male	OLYMPIC		11/11/1981 Age-Group

Nico	van Vollenhoven	38 Male	OLYMPIC		8/23/1979 Age-Group
Regardt	van Vuuren	29 Male	SPRINT		11/9/1988 Novice
Deanca	van Wyk	12 Female	KID 12-15		2/5/2005 Age-Group
Carmel	van Wyk	40 Female	SPRINT		5/15/1977 Age-Group
Chris	van Wyk	41 Male	SPRINT	CGT/6318/16	4/20/1976 Age-Group
Lourens	van Wyk	54 Mixed	OLYMPIC TEAM		--
Lourens	van Wyk	54 Male	SPRINT		4/26/1963 Novice
JP	Van Zittert	28 Male	11 SQUARED		9/13/1989 Age-Group
Ruan	Van Zyl	19 Male	SPRINT	TTA/00288/1	4/4/1998 Elite
Christo	van Zyl	22 Male	SPRINT		3/5/1995 Age-Group
Brendan	van Zyl	27 Male	OLYMPIC		10/17/1990 Age-Group
Abigail	Van Zyl	9 Female	KID 9-11		3/14/2008 Age-Group
Emma	Van Zyl	11 Female	KID 9-11		3/20/2006 Novice
Riaan	Venter	28 Male	SPRINT	NWT/00010/	12/16/1989 Age-Group
Tian	Venter	14 Male	KID 12-15		7/16/2003 Age-Group
Eden	Venter	43 Male	SPRINT		5/28/1974 Age-Group
Rossouw	Venter	15 Male	SPRINT	TTA/00380/1	1/1/2002 Age-Group
Adriaan	Venter	40 Male	OLYMPIC		6/23/1977 Age-Group
Carlie	Venter	39 Female	SPRINT		8/28/1978 Age-Group
Jaco	Venter	36 Male	11 SQUARED	TTA/00390/1	12/7/1981 Age-Group
De Villiers	Venter	38 Male	OLYMPIC		8/14/1979 Age-Group
Petrus Jacobus (Juan)	Vermeulen	30 Male	OLYMPIC		2/16/1987 Age-Group
Gerrit	Viljoen	48 Male	OLYMPIC		2/13/1969 Novice
Henk	Viljoen	44 Male	SPRINT	TTA/00337/1	3/25/1973 Age-Group
Robbie	Visagie	16 Male	SPRINT		3/19/2001 Age-Group
Erick	Vischer	46 Male	OLYMPIC		7/10/1971 Age-Group
Giovannav	von Bormann	37 Female	OLYMPIC		11/15/1980 Novice
Coert	Vorster	33 Male	OLYMPIC		3/4/1984 Age-Group
Wiehan	Vorster	15 Male	SPRINT		2/15/2002 Novice
Darian	Wait	32 Male	OLYMPIC	cgt/6287/19	10/3/1985 Age-Group
Mark	Wales	38 Male	OLYMPIC		7/13/1979 Age-Group
Graham	Warrender	56 Male	OLYMPIC		11/5/1961 Age-Group

Jessica	Watkins	23 Female	SPRINT		4/20/1994 Age-Group
Ann	Watkins	52 Female	11 SQUARED		10/29/1965 Age-Group
Carey-Anne	Weare	39 Male	SPRINT		3/15/1978 Novice
James	Weare	7 Male	KID 6-8		1/11/2009 Age-Group
Darren	Webb	37 Male	SPRINT		9/2/1980 Age-Group
Wessel	Weber	30 Male	OLYMPIC		9/18/1987 Age-Group
Annie Marietha	Wegner	24 Female	OLYMPIC		5/18/1993 Age-Group
Michael	Welbourne	28 Male	OLYMPIC		7/2/1989 Age-Group
Ilna	Welman	32 Female	SPRINT		7/27/1985 Age-Group
Ruan	Welman	32 Male	11 SQUARED		1/3/1985 Age-Group
Divan	Werner	6 Male	KID 6-8		7/2/2011 Age-Group
Marcelle	Werner	8 Male	KID 6-8		5/3/2009 Age-Group
Tertius	Wessels	50 Male	OLYMPIC	TTA/00301/1	10/28/1967 Age-Group
Kirsten	Wessels	15 Female	KID 12-15		2/9/2002 Age-Group
Zarine	Wessels	27 Female	SPRINT		8/30/1990 Novice
Cheryl	Whelan	39 Female	SPRINT		1/16/1978 Age-Group
Blake	Whittal	6 Male	KID 6-8		1/17/2011 Age-Group
Justin	Whittal	30 Male	OLYMPIC		2/8/1987 Age-Group
Riana	Wiesner	40 Female	SPRINT		10/27/1977 Novice
Jason	Wilford	41 Male	11 SQUARED	CGT/08220/1	8/10/1976 Age-Group
Julie	Wilford	44 Female	11 SQUARED		12/13/1973 Age-Group
Melanie	Willemse	42 Female	OLYMPIC		9/8/1975 Novice
Wesley	Williams	35 Male	11 SQUARED		6/5/1982 Age-Group
Ilze	Williams	43 Female	SPRINT	TTA/00389/1	5/25/1974 Age-Group
William-John	Willis	50 Male	OLYMPIC	CGT/08305/1	10/20/1967 Age-Group
Kirsten	Willis	29 Female	OLYMPIC		8/9/1988 Age-Group
Matthew	Willis	31 Male	OLYMPIC		11/18/1986 Age-Group
Laura	Wise	35 Female	OLYMPIC		2/11/1982 Age-Group
Shaun	Wolfaardt	12 Male	KID 12-15	TTA/00420/1	2/21/2005 Age-Group
Gawie	Wolmarans	37 Male	OLYMPIC	TTA/0127/18	6/17/1980 Age-Group
Laurence	Wrensch	55 Male	OLYMPIC	CGT/08250/1	9/4/1962 Age-Group
Derek	Wright	60 Male	OLYMPIC		12/21/1957 Age-Group

Simone	Wright	28 Female	OLYMPIC	12/13/1988 Novice
Rene	Yiangou	34 Female	SPRINT	8/15/1983 Age-Group
Nicholas	Yiangou	37 Male	OLYMPIC	10/16/1980 Age-Group
Tanya	Zackey	37 Mixed	SPRINT TEAM	--





