

| <u>NAME</u> | <u>SURNAME</u> | <u>AGE</u> | <u>GENDER</u> | <u>RACE</u> | <u>BIRTHDATE</u> | <u>SHIRT 1</u> | <u>SHIRT 2</u> | <u>SHIRT 3</u> | <u>CATEGORY</u> | <u>WAVE</u> | <u>CAP</u> | <u>BIB</u> |
|----------------|----------------|------------|---------------|-------------|------------------|----------------|----------------|----------------|-----------------|-------------|------------|------------|
| | | | | SPRINT | | | | | | | | |
| Jessica | Abbott | 16 | Female | TEAM | -- | M | M | M | | | 6 RED | 308 |
| Richard | Allen | 61 | Male | SPRINT | 7/13/1956 | L | | | Age-Group | | 3 ORANGE | 167 |
| Ruben | Behrens | 16 | Male | SPRINT | 4/6/2001 | M | | | Age-Group | | 3 ORANGE | 101 |
| Shaun | Bekker | 38 | Male | SPRINT | 7/25/1979 | M | | | Age-Group | | 3 ORANGE | 139 |
| Lizelle | Bekker | 42 | Female | SPRINT | 8/1/1975 | S | | | Novice | | 6 RED | 292 |
| Bruce | Benadie | 39 | Male | SPRINT | 3/6/1977 | L | | | Age-Group | | 3 ORANGE | 143 |
| Desree | Bennie | 28 | Female | SPRINT | 11/17/1989 | M | | | Age-Group | | 4 GREEN | 180 |
| | | | | SPRINT | | | | | | | | |
| Chanelle Nandi | Birch | 28 | Mixed | TEAM | -- | M | M | L | | | 6 RED | 299 |
| Dina | Bohnsack | 54 | Female | SPRINT | 4/28/1963 | XL | | | Novice | | 6 RED | 296 |
| Justine | Bolton | 41 | Female | SPRINT | 2/9/1976 | M | | | Age-Group | | 4 GREEN | 213 |
| Wilco | Booyens | 29 | Male | SPRINT | 1/19/1988 | M | | | Novice | | 5 SILVER | 232 |
| Corrie | Boshoff | 30 | Male | SPRINT | 7/10/1987 | L | | | Age-Group | | 3 ORANGE | 128 |
| Colin | Botha | 39 | Male | SPRINT | 5/29/1978 | XL | | | Age-Group | | 3 ORANGE | 144 |
| Ron | Botha | 44 | Male | SPRINT | 11/18/1973 | M | | | Age-Group | | 3 ORANGE | 153 |
| Natalie | Bowman | 32 | Female | SPRINT | 10/23/1985 | S | | | Age-Group | | 4 GREEN | 188 |
| Christopher | Boxall | 25 | Male | SPRINT | 5/14/1992 | L | | | Age-Group | | 3 ORANGE | 115 |
| | | | | SPRINT | | | | | | | | |
| Anthony | Braun | 45 | Male | TEAM | -- | M | M | L | | | 6 RED | 306 |
| | | | | SPRINT | | | | | | | | |
| Amanda | Braun | 44 | Female | TEAM | -- | L | M | M | | | 6 RED | 312 |
| Joanne | Burns | 53 | Female | SPRINT | 5/23/1965 | S | | | Novice | | 6 RED | 295 |
| Quentin | Campbell | 36 | Male | SPRINT | 11/8/1981 | XL | | | Age-Group | | 3 ORANGE | 134 |
| Jonathan | Campbell | 43 | Male | SPRINT | 7/4/1973 | XL | | | Novice | | 5 SILVER | 248 |
| Jacqui | Carnelley | 45 | Female | SPRINT | 4/27/1972 | M | | | Age-Group | | 4 GREEN | 218 |
| Kishaylin | Chetty | 31 | Male | SPRINT | 5/10/1985 | S | | | Age-Group | | 3 ORANGE | 129 |
| Johann | Claassen | 58 | Male | SPRINT | 3/15/1959 | M | | | Age-Group | | 3 ORANGE | 165 |
| Wesley | Clay | 39 | Male | SPRINT | 8/5/1978 | L | | | Novice | | 5 SILVER | 245 |
| Natalie | Clayton | 37 | Female | SPRINT | 12/18/1980 | M | | | Novice | | 6 RED | 280 |
| Francelle | Cloete | 24 | Female | SPRINT | 2/4/1993 | M | | | Age-Group | | 4 GREEN | 175 |
| Verster | Cobus | 60 | Male | SPRINT | 5/25/1957 | L | | | Age-Group | | 3 ORANGE | 166 |
| Jooste | Coetzee | 43 | Male | SPRINT | 8/12/1974 | M | | | Novice | | 5 SILVER | 249 |

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|--------------|-------------|-----------|--------|----|--------------|---|---|-----------|----------|-----|
| | | | SPRINT | | | | | | | |
| Jade | Coetzer | 16 Female | TEAM | -- | M | M | M | | 6 RED | 309 |
| Tanja | Conradie | 39 Female | SPRINT | | 7/4/1978 L | | | Novice | 6 RED | 285 |
| Claire | Cuthbert | 36 Female | SPRINT | | 9/1/1981 XL | | | Age-Group | 4 GREEN | 199 |
| James | Daly | 16 Male | SPRINT | | 9/18/2001 M | | | Elite | 1 SILVER | 94 |
| Martin | De Beer | 19 Male | SPRINT | | 3/15/1998 L | | | Age-Group | 3 ORANGE | 109 |
| Jessica | de Villiers | 17 Female | SPRINT | | 3/1/2000 S | | | Novice | 6 RED | 257 |
| Hein | de Vries | 36 Male | SPRINT | | 7/26/1981 M | | | Age-Group | 3 ORANGE | 135 |
| Ilse | de Vries | 36 Female | SPRINT | | 7/15/1981 S | | | Age-Group | 4 GREEN | 200 |
| Jaleen Adele | de Wet | 49 Female | SPRINT | | 7/16/1968 XL | | | Novice | 6 RED | 294 |
| Heinrich | Dettmann | 27 Male | SPRINT | | 7/19/1990 M | | | Age-Group | 3 ORANGE | 120 |
| Ranelda | Dippenaar | 26 Female | SPRINT | | 3/29/1991 L | | | Novice | 6 RED | 264 |
| Dina | do Couto | 53 Female | SPRINT | | 10/7/1964 M | | | Age-Group | 4 GREEN | 224 |
| Kean | Dry | 23 Male | SPRINT | | 9/14/1994 L | | | Paratri | 3 ORANGE | 93 |
| Pieter | du Plessis | 53 Male | SPRINT | | 9/17/1964 XL | | | Age-Group | 3 ORANGE | 164 |
| Nefdt | du Toit | 20 Male | SPRINT | | 1/1/1997 XL | | | Age-Group | 3 ORANGE | 110 |
| Gerhard | Duvenhage | 40 Male | SPRINT | | 5/27/1977 XL | | | Novice | 5 SILVER | 246 |
| Stephanie | Eades | 28 Female | SPRINT | | 7/13/1989 M | | | Age-Group | 4 GREEN | 181 |
| Finn | Elliot | 16 Male | SPRINT | | 2/12/2001 S | | | Elite | 1 SILVER | 95 |
| Victoria | Eloff | 55 Female | SPRINT | | 3/23/1962 M | | | Age-Group | 4 GREEN | 225 |
| | | | SPRINT | | | | | | | |
| Carlien | Engelbrecht | 29 Female | TEAM | -- | M | S | L | | 6 RED | 311 |
| Gareth | Enslin | 31 Male | SPRINT | | 8/17/1985 M | | | Novice | 5 SILVER | 234 |
| Anelene | Erasmus | 51 Female | SPRINT | | 8/17/1966 L | | | Age-Group | 4 GREEN | 223 |
| Johan | Esterhuysen | 26 Male | SPRINT | | 1/1/1991 L | | | Age-Group | 3 ORANGE | 119 |
| Genevieve | Ferreira | 42 Female | SPRINT | | 7/10/1975 S | | | Age-Group | 4 GREEN | 215 |
| Darrel | Fitz-Gerald | 34 Male | SPRINT | | 11/23/1983 M | | | Age-Group | 3 ORANGE | 132 |
| Graeme | Franck | 43 Male | SPRINT | | 3/15/1974 XL | | | Novice | 5 SILVER | 250 |
| | | | SPRINT | | | | | | | |
| Neil | Gardyne | 71 Mixed | TEAM | -- | L | M | M | | 6 RED | 303 |
| Michael | Geere | 16 Male | SPRINT | | 10/17/2001 L | | | Age-Group | 3 ORANGE | 102 |
| Jason | Giddy | 24 Male | SPRINT | | 9/5/1993 L | | | Age-Group | 3 ORANGE | 113 |
| Nicole | Gien | 27 Female | SPRINT | | 10/18/1990 L | | | Age-Group | 4 GREEN | 178 |
| Agnieszka | Goldhawk | 48 Female | SPRINT | | 8/9/1969 L | | | Age-Group | 4 GREEN | 221 |

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|-------------|--------------|-----------|--------|----|--------------|----|----|---|-----------|----------|-----|
| Anso | Goncalves | 37 Female | SPRINT | | 9/17/1979 M | | | | Novice | 6 RED | 281 |
| | | | SPRINT | | | | | | | | |
| Ernst | Gouws | 46 Male | TEAM | -- | | XL | XL | S | | 6 RED | 307 |
| Louis | Grant | 49 Male | SPRINT | | 12/28/1968 L | | | | Age-Group | 3 ORANGE | 161 |
| Catherine | Greer | 15 Female | SPRINT | | 4/5/2002 S | | | | Age-Group | 4 GREEN | 168 |
| Jacobus | Greyling | 38 Male | SPRINT | | 4/5/1979 XL | | | | Age-Group | 3 ORANGE | 140 |
| Megan | Greyvenstein | 31 Female | SPRINT | | 10/27/1986 S | | | | Novice | 6 RED | 273 |
| Teresa | Griessel | 26 Female | SPRINT | | 3/13/1991 M | | | | Age-Group | 4 GREEN | 177 |
| Jan-Hendrik | Grobler | 37 Male | SPRINT | | 6/8/1980 XL | | | | Age-Group | 3 ORANGE | 137 |
| Telani | Grobler | 37 Female | SPRINT | | 4/15/1980 M | | | | Age-Group | 4 GREEN | 203 |
| Leon | Grobler | 38 Male | SPRINT | | 12/4/1979 L | | | | Novice | 5 SILVER | 255 |
| Irna | Groenewald | 17 Female | SPRINT | | 7/24/2000 M | | | | Age-Group | 4 GREEN | 170 |
| Giorgio | Guerra | 15 Male | SPRINT | | 3/10/2002 S | | | | Age-Group | 3 ORANGE | 99 |
| Bradley | Hall | 31 Male | SPRINT | | 6/4/1986 XL | | | | Age-Group | 3 ORANGE | 130 |
| Owen | Hamilton | 40 Male | SPRINT | | 5/31/1977 M | | | | Age-Group | 3 ORANGE | 146 |
| Michelle | Harman | 30 Female | SPRINT | | 4/8/1987 M | | | | Novice | 6 RED | 268 |
| Kyra | Hempel | 18 Female | SPRINT | | 4/21/1999 S | | | | Age-Group | 4 GREEN | 171 |
| Kevin | Heunis | 44 Male | SPRINT | | 1/13/1973 XL | | | | Novice | 5 SILVER | 251 |
| Stephan | Heymans | 36 Male | SPRINT | | 6/11/1981 XL | | | | Age-Group | 3 ORANGE | 136 |
| Leani | Heymans | 34 Female | SPRINT | | 12/2/1983 M | | | | Age-Group | 4 GREEN | 190 |
| Lisa | Hibbers | 27 Female | SPRINT | | 12/3/1990 M | | | | Novice | 6 RED | 265 |
| Deidre | Hoffman | 36 Female | SPRINT | | 12/28/1981 L | | | | Age-Group | 4 GREEN | 201 |
| Raoul | Hunziker | 51 Male | SPRINT | | 11/23/1966 L | | | | Age-Group | 3 ORANGE | 162 |
| Ilse | Ingram | 37 Female | SPRINT | | 3/19/1980 M | | | | Age-Group | 4 GREEN | 204 |
| Ashleigh | Irvine-Smith | 16 Female | SPRINT | | 8/23/2001 S | | | | Elite | 1 SILVER | 98 |
| Imran | Ismail | 39 Male | SPRINT | | 10/29/1977 M | | | | Age-Group | 3 ORANGE | 145 |
| Jedd | Jacobs | 16 Male | SPRINT | | 5/3/2001 L | | | | Age-Group | 3 ORANGE | 103 |
| | Janse van | | | | | | | | | | |
| Hanli | Rensburg | 37 Female | SPRINT | | 4/3/1980 S | | | | Age-Group | 4 GREEN | 205 |
| | Janse van | | | | | | | | | | |
| Melinda | Rensburg | 41 Female | SPRINT | | 12/29/1976 M | | | | Age-Group | 4 GREEN | 214 |
| Tomé Cruz | Jardim | 16 Male | SPRINT | | 12/3/2001 M | | | | Age-Group | 3 ORANGE | 104 |
| Helga | Jeske | 23 Female | SPRINT | | 11/3/1994 M | | | | Novice | 6 RED | 259 |
| Jana | Jonker | 35 Female | SPRINT | | 12/22/1982 M | | | | Age-Group | 4 GREEN | 194 |

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|------------|-------------|-----------|--------|---------------|---|---|-----------|----------|------|
| Ruben | Joubert | 22 Male | SPRINT | 3/17/1995 XL | | | Age-Group | 3 ORANGE | 111 |
| Michelene | Kahl | 19 Female | SPRINT | 2/11/1998 S | | | Age-Group | 4 GREEN | 172 |
| Alice | Karato | 16 Female | TEAM | -- | M | L | | 6 RED | 310 |
| Jolanthe | Klingenberg | 28 Female | SPRINT | 12/16/1989 M | | | Age-Group | 4 GREEN | 182 |
| Nikki | Kloppers | 34 Female | SPRINT | 6/10/1983 S | | | Age-Group | 4 GREEN | 191 |
| Barend | Koekemoer | 25 Male | SPRINT | 10/23/1992 L | | | Age-Group | 3 ORANGE | 116 |
| Karen | Koelewyn | 30 Female | SPRINT | 2/11/1987 S | | | Novice | 6 RED | 269 |
| Lizanne | Kolver | 39 Female | SPRINT | 2/1/1978 L | | | Novice | 6 RED | 286 |
| Andries H | Kotze | 26 Male | SPRINT | 1/18/1991 L | | | Novice | 5 SILVER | 229 |
| Andrew | Latimer | 43 Male | SPRINT | 6/3/1974 M | | | Age-Group | 3 ORANGE | 150 |
| Anton | Le Roux | 27 Male | SPRINT | 12/13/1990 XL | | | Age-Group | 3 ORANGE | 121 |
| Jayd | Lellyett | 27 Female | SPRINT | 3/23/1990 M | | | Age-Group | 4 GREEN | 179 |
| Jesse | Leresche | 25 Male | SPRINT | 1/17/1992 L | | | Age-Group | 3 ORANGE | 117 |
| Bernadette | Lesar | 32 Female | SPRINT | 2/5/1985 M | | | Novice | 6 RED | 277 |
| Elizabeth | Lester | 37 Female | SPRINT | 6/22/1980 M | | | Age-Group | 4 GREEN | 206 |
| Rory | Loader | 32 Male | SPRINT | 12/26/1984 XL | | | Novice | 5 SILVER | 237 |
| Benita | Loedolff | 19 Female | SPRINT | 5/16/1998 S | | | Age-Group | 4 GREEN | 173 |
| Willem- | | | | | | | | | |
| Abraham | Lombard | 29 Male | SPRINT | 11/29/1988 L | | | Novice | 5 SILVER | 233 |
| Marelle | Lombard | 25 Female | SPRINT | 5/18/1992 S | | | Novice | 6 RED | 260 |
| Shelley | Lotz | 40 Female | SPRINT | 9/27/1977 L | | | Age-Group | 4 GREEN | 211 |
| An-Sophie | Lourens | 21 Female | SPRINT | 12/3/1996 M | | | Novice | 6 RED | 258 |
| Craig | Lovell | 28 Male | SPRINT | 5/18/1989 L | | | Novice | 5 SILVER | 230 |
| Beijl | Lucy | 41 Female | SPRINT | 8/3/1976 L | | | Age-Group | 4 GREEN | 1103 |
| Paul | Lydes-Uings | 37 Male | SPRINT | 9/8/1979 L | | | Novice | 5 SILVER | 243 |
| Gavin | Mahoney | 38 Male | SPRINT | 6/13/1979 L | | | Age-Group | 3 ORANGE | 141 |
| Hamish | McLaggan | 39 Male | SPRINT | 9/1/1978 M | | | Elite | 1 SILVER | 1107 |
| Ereen | Mclaggan | 36 Female | SPRINT | 12/22/1981 S | | | Novice | 6 RED | 279 |
| Andre | Meintjes | 28 Male | SPRINT | 7/20/1989 M | | | Age-Group | 3 ORANGE | 122 |
| Michael | Mervitz | 31 Male | SPRINT | 9/3/1986 L | | | Novice | 5 SILVER | 235 |
| Suzette | Mervitz | 30 Female | SPRINT | 3/20/1987 S | | | Novice | 6 RED | 270 |
| Craig | Miller | 46 Male | SPRINT | 5/29/1971 XL | | | Age-Group | 3 ORANGE | 157 |
| Katherine | Miller | 48 Female | SPRINT | 2/5/1969 XL | | | Novice | 6 RED | 293 |

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|----------------|--------------|-----------|--------|----|------------|----|---|----|-----------|----------|------|
| Laura | Millroy | 31 Female | SPRINT | | 11/19/1986 | M | | | Age-Group | 4 GREEN | 187 |
| Natalie | Mills | 35 Female | SPRINT | | 8/9/1982 | M | | | Age-Group | 4 GREEN | 195 |
| Daryl | Milne | 42 Male | SPRINT | | 1/24/1975 | XL | | | Novice | 5 SILVER | 247 |
| Dominic Xavier | Moerdyk | 48 Male | SPRINT | | 8/18/1969 | XL | | | Age-Group | 3 ORANGE | 160 |
| Deborah | Morgan | 34 Female | SPRINT | | 2/8/1983 | S | | | Age-Group | 4 GREEN | 192 |
| Juliet | Morgan | 40 Female | SPRINT | | 6/27/1977 | S | | | Age-Group | 4 GREEN | 725 |
| Carol | Muirhead | 38 Female | SPRINT | | 8/22/1979 | XL | | | Novice | 6 RED | 284 |
| Riaan | Neethling | 27 Male | SPRINT | | 9/3/1990 | S | | | Age-Group | 3 ORANGE | 1105 |
| Lizette | Neethling | 54 Female | SPRINT | | 5/15/1963 | L | | | Novice | 6 RED | 297 |
| Denise | Nelson | 28 Female | SPRINT | | 8/25/1989 | S | | | Age-Group | 4 GREEN | 183 |
| | Nelson- | | | | | | | | | | |
| Claudia | Chojnacka | 40 Female | SPRINT | | 7/14/1977 | M | | | Novice | 6 RED | 288 |
| Hesta | Nothling | 42 Female | SPRINT | | 4/10/1975 | M | | | Age-Group | 4 GREEN | 216 |
| Delecia | Oberholzer | 34 Female | SPRINT | | 3/4/1982 | S | | | Novice | 6 RED | 278 |
| Chine | OBrien | 25 Female | SPRINT | | 8/4/1992 | S | | | Novice | 6 RED | 261 |
| Karen | Otto | 47 Female | SPRINT | | 6/10/1970 | M | | | Age-Group | 4 GREEN | 220 |
| Amy | Panaretou | 25 Female | SPRINT | | 7/25/1992 | S | | | Novice | 6 RED | 262 |
| Rahul | Patel | 37 Male | SPRINT | | 5/26/1930 | S | | | Novice | 5 SILVER | 244 |
| Emma | Patel | 37 Female | SPRINT | | 1/2/1980 | S | | | Novice | 6 RED | 282 |
| Niels | Penzhorn | 45 Male | SPRINT | | 7/7/1972 | XL | | | Age-Group | 3 ORANGE | 156 |
| Stefan | Pfeffer | 29 Male | SPRINT | | 6/22/1988 | L | | | Age-Group | 3 ORANGE | 125 |
| | | | SPRINT | | | | | | | | |
| Karl | Pfeffer | 58 Mixed | TEAM | -- | | L | M | S | | 6 RED | 302 |
| Charmaine | Pienaar | 28 Female | SPRINT | | 2/3/1989 | S | | | Age-Group | 4 GREEN | 184 |
| Stephan | Potgieter | 45 Male | SPRINT | | 11/27/1972 | XL | | | Novice | 5 SILVER | 252 |
| Karen | Potgieter | 40 Female | SPRINT | | 8/23/1977 | S | | | Novice | 6 RED | 289 |
| Christo | Pretorius | 28 Male | SPRINT | | 10/24/1989 | M | | | Age-Group | 3 ORANGE | 123 |
| Etienne | Pretorius | 40 Male | SPRINT | | 10/20/1977 | M | | | Age-Group | 3 ORANGE | 147 |
| Philippa-dee | Pretorius | 29 Female | SPRINT | | 12/5/1988 | S | | | Novice | 6 RED | 267 |
| | | | SPRINT | | | | | | | | |
| Tim | Price | 32 Mixed | TEAM | -- | | M | S | XL | | 6 RED | 300 |
| Andre | Raubenheimer | 51 Male | SPRINT | | 4/16/1966 | L | | | Age-Group | 3 ORANGE | 163 |
| Jeane | Retief | 28 Female | SPRINT | | 6/21/1989 | M | | | Age-Group | 4 GREEN | 185 |
| Alan | Rheeder | 41 Male | SPRINT | | 6/8/1976 | L | | | Age-Group | 3 ORANGE | 148 |

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|---------------|----------------|-----------|--------|----|------------|----|----|---|-----------|----------|-----|
| Dale | Riches | 34 Male | SPRINT | | 11/14/1983 | L | | | Age-Group | 3 ORANGE | 133 |
| Dana | Rissley | 30 Female | SPRINT | | 4/25/1987 | M | | | Novice | 6 RED | 271 |
| Wayne | Ross | 46 Male | SPRINT | | 5/17/1971 | XL | | | Age-Group | 3 ORANGE | 158 |
| Casey | Sacco | 37 Female | SPRINT | | 4/25/1980 | M | | | Novice | 6 RED | 283 |
| Claire | Sacks | 31 Female | SPRINT | | 10/1/1986 | M | | | Novice | 6 RED | 274 |
| Ellie | Schoonwinkel | 37 Female | SPRINT | | 2/11/1980 | M | | | Age-Group | 4 GREEN | 207 |
| Philip | Schutte | 40 Male | TEAM | -- | | L | L | L | | 6 RED | 305 |
| Nicola | Scorgie | 45 Female | SPRINT | | 12/31/1971 | M | | | Age-Group | 4 GREEN | 219 |
| Tarryn | Seagram | 36 Female | SPRINT | | 9/21/1981 | M | | | Age-Group | 4 GREEN | 202 |
| Charl | Senekal | 24 Male | SPRINT | | 11/16/1993 | L | | | Age-Group | 3 ORANGE | 114 |
| Frances | Sewell | 25 Female | SPRINT | | 11/20/1992 | S | | | Novice | 6 RED | 263 |
| Amrish | Singh | 33 Male | SPRINT | | 6/22/1984 | M | | | Novice | 5 SILVER | 239 |
| Geert | Slootweg | 46 Male | SPRINT | | 2/23/1971 | S | | | Age-Group | 3 ORANGE | 159 |
| Emma | Smith | 24 Female | SPRINT | | 8/31/1993 | L | | | Age-Group | 4 GREEN | 176 |
| Talana | Smith | 50 Female | SPRINT | | 11/19/1967 | M | | | Age-Group | 4 GREEN | 222 |
| Gregory | Smith | 23 Male | SPRINT | | 5/12/1994 | L | | | Novice | 5 SILVER | 228 |
| Gideon | Smuts | 38 Male | SPRINT | | 8/10/1979 | M | | | Age-Group | 3 ORANGE | 142 |
| Stefan | Snyders | 44 Male | SPRINT | | 6/29/1973 | XL | | | Age-Group | 3 ORANGE | 154 |
| Ami | Stanisavljevic | 46 Mixed | TEAM | -- | | M | XL | L | | 6 RED | 298 |
| Willie | Steenkamp | 32 Male | SPRINT | | 7/10/1985 | M | | | Age-Group | 3 ORANGE | 131 |
| Gareth | Stott | 32 Male | SPRINT | | 11/4/1985 | L | | | Novice | 5 SILVER | 238 |
| Anton | Stott | 33 Male | SPRINT | | 8/23/1983 | XL | | | Novice | 5 SILVER | 240 |
| Christiaan | Stroebe | 16 Male | SPRINT | | 6/6/2001 | M | | | Elite | 1 SILVER | 96 |
| Britney | Strumpher | 17 Female | SPRINT | | 5/8/2000 | S | | | Age-Group | 4 GREEN | 169 |
| Bradley Shaun | Strumpher | 20 Male | SPRINT | | 8/9/1997 | M | | | Novice | 5 SILVER | 227 |
| Evan | Summerson | 49 Male | SPRINT | | 5/20/1968 | XL | | | Novice | 5 SILVER | 253 |
| Keanu | Tandt | 15 Male | TEAM | -- | | L | L | L | | 6 RED | 304 |
| Fanie | Terblanche | 43 Male | SPRINT | | 6/29/1974 | L | | | Age-Group | 3 ORANGE | 151 |
| Mariet | Terblanche | 41 Female | SPRINT | | 12/15/1976 | S | | | Novice | 6 RED | 291 |
| Stephanie | Thompson | 37 Female | SPRINT | | 4/15/1980 | L | | | Age-Group | 4 GREEN | 208 |
| Kirsty | Tudhope | 28 Female | SPRINT | | 12/14/1989 | M | | | Age-Group | 4 GREEN | 186 |

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| David | Upman | 33 Male | SPRINT | 9/4/1984 L | Novice | 5 SILVER | 241 |
| Elzet | Upman | 31 Female | SPRINT | 2/18/1986 M | Novice | 6 RED | 275 |
| Ryan | van den berg | 29 Male | SPRINT | 1/21/1988 M | Age-Group | 3 ORANGE | 126 |
| Nicky | van der Meulen | 35 Female | SPRINT | 8/10/1982 S | Age-Group | 4 GREEN | 196 |
| Berno | van der Westhuizen | 16 Male | SPRINT | 8/4/2001 XL | Age-Group | 3 ORANGE | 105 |
| Elro | Westhuizen | 17 Male | SPRINT | 6/23/2000 L | Age-Group | 3 ORANGE | 107 |
| Rowan | Van Dyk | 28 Male | SPRINT | 11/27/1989 L | Novice | 5 SILVER | 231 |
| Christy | Van Eck | 35 Male | SPRINT | 6/9/1982 M | Novice | 5 SILVER | 242 |
| Danie | van Graan | 31 Male | SPRINT | 11/10/1986 L | Novice | 5 SILVER | 236 |
| Marteleze | van Graan | 30 Female | SPRINT | 4/30/1987 M | Novice | 6 RED | 272 |
| Hannah | Van Lieshout | 16 Female | SPRINT | 5/5/2001 S | Novice | 6 RED | 256 |
| Laurendt | van Niekerk | 25 Male | SPRINT | 12/26/1992 L | Age-Group | 3 ORANGE | 118 |
| Melissa | Van Niekerk | 35 Female | SPRINT | 2/15/1982 L | Age-Group | 4 GREEN | 197 |
| Margery | van Niekerk | 31 Female | SPRINT | 1/3/1986 L | Novice | 6 RED | 276 |
| Liam | van Schalkwyk | 17 Male | SPRINT | 1/12/2000 M | Age-Group | 3 ORANGE | 108 |
| Regardt | van Vuuren | 29 Male | SPRINT | 11/9/1988 M | Age-Group | 3 ORANGE | 127 |
| Chris | van Wyk | 41 Male | SPRINT | 4/20/1976 XL | Age-Group | 3 ORANGE | 149 |
| Carmel | van Wyk | 40 Female | SPRINT | 5/15/1977 M | Age-Group | 4 GREEN | 212 |
| Lourens | van Wyk | 54 Male | SPRINT | 4/26/1963 XL | Novice | 5 SILVER | 254 |
| Ruan | Van Zyl | 19 Male | SPRINT | 4/4/1998 M | Elite | 1 SILVER | 97 |
| Christo | van Zyl | 22 Male | SPRINT | 3/5/1995 L | Age-Group | 3 ORANGE | 112 |
| Rossouw | Venter | 15 Male | SPRINT | 1/1/2002 L | Age-Group | 3 ORANGE | 100 |
| Riaan | Venter | 28 Male | SPRINT | 12/16/1989 S | Age-Group | 3 ORANGE | 124 |
| Eden | Venter | 43 Male | SPRINT | 5/28/1974 L | Age-Group | 3 ORANGE | 152 |
| Carlie | Venter | 39 Female | SPRINT | 8/28/1978 L | Age-Group | 4 GREEN | 209 |
| Henk | Viljoen | 44 Male | SPRINT | 3/25/1973 M | Age-Group | 3 ORANGE | 155 |
| Robbie | Visagie | 16 Male | SPRINT | 3/19/2001 M | Age-Group | 3 ORANGE | 106 |
| Wiehan | Vorster | 15 Male | SPRINT | 2/15/2002 L | Novice | 5 SILVER | 226 |
| Jessica | Watkins | 23 Female | SPRINT | 4/20/1994 M | Age-Group | 4 GREEN | 174 |
| Carey-Anne | Weare | 39 Female | SPRINT | 3/15/1978 S | Novice | 6 RED | 287 |
| Darren | Webb | 37 Male | SPRINT | 9/2/1980 L | Age-Group | 3 ORANGE | 138 |
| Ilina | Welman | 32 Female | SPRINT | 7/27/1985 S | Age-Group | 4 GREEN | 189 |

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|--------|----------|-----------|--------|--------------|----|---|----|-----------|---------|-----|
| Zarine | Wessels | 27 Female | SPRINT | 8/30/1990 M | | | | Novice | 6 RED | 266 |
| Cheryl | Whelan | 39 Female | SPRINT | 1/16/1978 M | | | | Age-Group | 4 GREEN | 210 |
| Riana | Wiesner | 40 Female | SPRINT | 10/27/1977 L | | | | Novice | 6 RED | 290 |
| Ilze | Williams | 43 Female | SPRINT | 5/25/1974 M | | | | Age-Group | 4 GREEN | 217 |
| Laura | Wise | 35 Female | SPRINT | 2/11/1982 M | | | | Age-Group | 4 GREEN | 198 |
| Rene | Yiangou | 34 Female | SPRINT | 8/15/1983 M | | | | Age-Group | 4 GREEN | 193 |
| Tanya | Zackey | 37 Mixed | TEAM | -- | XL | M | XL | | 6 RED | 301 |